



11th Annual Across the Lifespan: Dismantling Stigma - *Finding Healing and Hope in Recovery* Conference Evaluation & CEU Assessment

Thank you for your participation in Mid Shore Behavioral Health's 11th Annual ATL conference. If you are requesting 4 Category I CEUs, Section 2, CEU Assessment, must be completed and turned in at the end of the conference.

Name: _____ Email: _____ Event Code: _____

Section 1: Conference Evaluation:

Please rate the following statements using this scale:

Strongly Disagree (1) Disagree (2) Neutral (3) Agree (4) Strongly Agree (5)

_____ Dr. Stephanie Hutter-Thomas demonstrated expertise in their presentation.

_____ Dr. Michael Flaherty demonstrated expertise in their presentation.

_____ Paul L.A. Tue II demonstrated expertise in their presentation.

_____ Ryan Burton demonstrated expertise in their presentation.

_____ Jamie Schultz demonstrated expertise in their presentation.

_____ Jim Lavrich demonstrated expertise in their presentation.

_____ Conference information was presented in a clear and understandable way.

_____ There were adequate opportunities for questions, discussions, and/or participation.

_____ I am leaving this conference with information, resources, and/or tools I can use.

What I liked most about this conference: _____

Do you have any feedback about the conference to inform planning for next year?

OVERALL, I WOULD RATE THIS CONFERENCE AS:

Very Poor Poor Fair Good Very Good Excellent

Suggested topics for future MSBH conferences and trainings: _____

Section 2: CEU Assessment:

Please complete a minimum of two questions thoroughly from each speaker in order receive CEUs.

Dr. Stephanie Hutter-Thomas:

Presentation Title: Stigma 101: A Foundational Understanding of Explicit Negative Bias Towards Substance Use and People with Substance Use Disorder

What is the definition of stigma provided in the presentation?

List the four types of stigma.

1.	2.
3.	4.

Describe the impact of shame and stigma on either: the individual, the family/caregivers, or addiction professionals.

What is the impact of stigma in institutional settings, such as healthcare and judicial systems, and the collateral consequences of incarceration?

List one evidence-based solution to reduce the prevalence of stigma:

Dr. Michael Flaherty:

Presentation Title: Addiction and Recovery: Seminal Insights Across a Lifespan

List three or more take-aways on the biological, psychological, sociological, and spiritual aspects of addiction.

- 1.
- 2.
- 3.

List two facts about the history of addiction treatment:

- 1.
- 2.

What are some barriers in solving America's addiction problem?

What are some aspects of the new model or paradigm proposed by Dr. Flaherty?

Paul Tue:

Presentation Title: Children & Adolescents

Specific to this population, what are some ways to overcome stigma surrounding mental health and substance use?

Where can help be found?

List ways Mr. Tue shares to overcome obstacles to recovery.

Why is it important to understand that everyone's journey to recovery is different?

Ryan Burton:

Presentation Title: Transitioning Age Youth

What is the impact of COVID/Isolation on transitioning aged youth?

What is the difference between experimentation vs. problems?

List some of the ways Mr. Burton shares to reduce stigma and provide access to support.

What treatment options are available?

How is substance use different based on race, ethnicity and socioeconomic status?

Jamie Schultz:

Presentation Title: Adults

What has been the impact of stigma on Ms. Schultz, on others?

What does healing look like?

What are key take-aways from Ms. Schultz's presentation?

Jim Lavrich:

Presentation Title: Older Adults

Describe how lifestyle changes impact substance use and stigma.

How does one's education and/or career come into play?

How do retirement and finances impact substance use and stigma?

Please print full name and provide a signature and date below:

Full Name (printed)

Signature

Date