



24/7 Hotlines



**Eastern Shore
Crisis Response**
1-888-407-8018

**Maryland Center on
Problem Gambling**
Call/Text 1-800-426-2537

**Mid-Shore Council
on Family Violence**
800-927-4673

Maryland 211
211, Press 1
Text Zip to 898-211

**For All Seasons
Rape Crisis Hotline**
English: 410-820-5600
Español: 401-829-6143
Text: 410-829-6143

**National Suicide
Prevention Hotline**
English: 1-800-273-8255
Español: 1-888-628-9454
TTY: 711, 1-800-273-8255

Veterans Crisis Hotline
1-800-273-8255, Press 1
Text 838255

Trevor Project Crisis Line
Call/Text 1-866-488-7386

Health Departments

Caroline County Health Department

403 S. 7th St. Denton, MD 21629

410-479-8030

Dorchester County Health Department

3 Cedar St. Cambridge, MD 21613

410-228-3223

Kent County Health Department

125 S. Lynchburg St. Chestertown, MD 21620

410-778-1350

Queen Anne's County Health Department

206 N Commerce St. Centreville, MD 21617

410-758-0720

Talbot County Health Department

100 S. Hanson St. Easton, MD 21601

410-819-5600