

FOR IMMEDIATE RELEASE

Contact Information:

Julie Slivka

Info@midshorebehavioralhealth.org

410-770-4801 ext.318

Dismantling Stigma: Mid Shore Behavioral Health, Inc. Brings the 11th Annual Across the Lifespan Conference to Easton's BAAM Athletic Center

Easton, MD (April 14, 2022) Mid Shore Behavioral Health, Inc. (MSBH) announces that the 11th Annual Across the Lifespan Conference will be held at the Building African American Minds (BAAM) Athletic Center in Easton on May 13, 2022. The topic of the conference this year is "Dismantling Stigma: Finding Hope and Healing in Recovery." The conference will look at the effects of stigma as it relates to substance use and what can be done to promote wellness, hope, and healing in those who are in, or seeking, recovery from substance use disorder. This free conference provides four social work continuing education credits, continental breakfast, and a box lunch. Doors open at 8:15 a.m. and the conference will begin promptly at 9:00 a.m. lasting until 3:00 p.m. Registration is required as seating is limited.

One of MSBH's annual signature events, the 2022 Across the Lifespan is the first conference the organization is hosting in-person since the onset of the COVID-19 pandemic. The conference will feature meritorious speakers from across the state, including Dr. Stephanie Hutter-Thomas, Research Program Director for the Buprenorphine Implementation Research & Community Health study at WVU School of Medicine; Dr. Michael Flaherty, a Talbot County-based clinical psychologist with 36 years of practice; Paul Tue III, co-founder and Program Director of Minary's Dream Alliance; Ryan Burton of Sandstone Care, the only teen and young adult rehab center in Maryland; Jamie Schultz, CRPS, of Dri-Dock Recovery and Wellness Center in Cambridge, who is also in long term recovery; and Jim Lavrich, Peer Recovery Specialist with the Worcester County Health Department.

Executive Director of MSBH, Katie Dille, shared, "MSBH is proud to offer our 11th Annual Across the Lifespan Conference. This year's theme, "Dismantling Stigma in Recovery", has allowed our team to prioritize addressing stigma and how it impacts accessing and embracing resources for recovery, help, and hope." Dille continues, "Stigma can impact all of us, and in times of need and seeking wellness, it can lead to reluctance to seek help, out of fear or shame. The focus of this year's conference hopes to combat stigma and the harmful assumptions often made about substance use and will highlight available regional resources to support recovery. We are also very excited to gather in person for our conference at the Building African American Minds Center (BAAM), located in Easton. I want to extend our gratitude for the partnership with our hosts, Dina Daly, Executive Director of Building African American Minds (BAAM)."

Register by May 6th by visiting www.midshorebehavioralhealth.org/atlconference. To inquire about the conference by phone, call 410-770-4801.

About Mid Shore Behavioral Health, Inc.

As the Core Service Agency for the mid-shore region, MSBH's mission is to continually improve the provision of behavioral health services for residents of Caroline, Dorchester, Kent, Queen Anne's, and Talbot Counties through effective coordination of care in collaboration with consumers, their natural support systems, providers, and the community at large. For more information about MSBH, visit www.midshorebehavioralhealth.org.

###